Improve patient retention in tertiary care pediatric weight management programs

- Reliable infrastructure to address patient retention
  - Provide tool to assess barrier to retention
  - Help programs understand the landscape of groups at high risk for attrition nationally
  - Help programs quantify and track retention and related outcomes
  - Identify provider and programmatic gaps to patient-centered and family-based pediatric weight management programs
- Address modifiable barriers to patient retention/engagement
  - Utilize technology to increase access
    - Modify structure/operations (different providers, reimbursement, cost) – Advocacy, Reimbursement, Transportation, Flexible Scheduling
    - Effective referral process and transitions – Relationship between PCP/referring practice/medical home
- Ensure patient-centered and family-based approach to treatment
  - Identify patient/family expectations
    - Develop and implement systems to address patient/family expectations
    - Provide a collaborative framework for patient/family and providers to accomplish mutual treatment goals (shared decision making)
  - Standardize screening for mental health factors

Developed by the Children’s Hospital Association and AAP Institute for Healthy Childhood Weight