Innovations in Obesity Prevention, Assessment and Treatment Forum

AAP National Conference and Exhibition
Moscone Center West, Room 2001/2003/2005
Friday, October 21, 2016 • 8:00 AM—11:00 AM PT

Agenda

8:00 a.m. – 8:45 a.m.  General Poster Session and Breakfast Buffet

8:45 a.m. – 9:00 a.m.  Welcome/Opening Remarks: Ryan Buchholz, MD, FAAP
Chair, Innovations Forum Planning Committee

9:00 a.m. – 9:50 a.m.  **Panel Discussion: Childhood Obesity Treatment Innovations**
- A novel healthcare-community partnership for childhood obesity treatment: Study design and baseline findings
  Speaker: Jessica Lyden, MD
- Modeling the Economics of a Preventive Pediatric Obesity Health Insurance Benefit
  Speaker: Jenny Bogard, MPH
- Evaluation of the ‘We Are For Children’ Primary Care Overweight/Obesity Treatment Program in 2-5 year olds: Changes in Feeding Practices and Health Behaviors
  Speaker: Kathleen Howard, MD, FAAP

9:50 a.m. – 10:00 a.m.  Physical Activity Break

10:00 a.m. – 10:50 a.m.  **Panel Discussion: Results from the CDC Childhood Obesity Research Demonstration Projects (CORD)**
Alyson Goodman, MD, MPH – Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity and Obesity
- Stephen Pont, MD, MPH, FAAP – Texas
- Kirsten Davison, PhD – Massachusetts
- Guadalupe X. Ayala, PhD, MPH – California

10:50 a.m. – 11:00 a.m.  Closing Remarks/Adjourn

Website: aap.org/healthyweight  Twitter: @AAPHealthyWt
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Poster Presentations

1. **Engagement with Payers to Promote Improved Coverage and Uptake of Child Healthy Weight Screening, Counseling and Obesity Treatment**
   Alyson B. Goodman, MD, MPH\(^1\), Brook Belay, MD, MPH\(^1\), Carrie A. Dooyema, MPH, MSN, RN\(^1\), Heidi M. Blanck, PhD\(^3\), (1) Centers for Disease Control and Prevention, Atlanta, GA

2. **Body Fat, Abdominal Fat and Body Fat Distribution Related to Clustering of Risk Factors for CVD in Children**
   Magnus Dencker, MD, PhD\(^1\), Magnus Karlsson, MD, PhD\(^2\), Per Wollmer, MD, PhD\(^3\), Lars Andersen, PhD\(^4\), Ola Thorsson, MD, PhD\(^3\), (1) Department of Medical Imaging and Physiology, Skåne University Hospital, Malmö, Sweden, (2) Clinical and Molecular Osteoporosis Research Unit, Skåne University Hospital, Malmö, Sweden, (3) Department of Medical Imaging and Physiology, Skåne University Hospital, Malmö, Sweden, (4) Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark, Odense, Denmark

3. **5-2-1-0 Kids!, Using Technology to Teach Healthy Habits**
   Stacy L. Leatherwood, MD\(^1\), Gwen Alexander, PhD\(^2\), Nikeisha Beckford\(^3\), Kathleen Conway, MA\(^4\), (1) Henry Ford Health System, Troy, MI, (2) Henry Ford Health System, Detroit, MI, (3) Henry Ford Health System, Detroit, MI

4. **The Effects of Access to Green Space on Obesity: An Integrative Review**
   Sabine Jean-louis, MSN\(^1\), (1) Boston Public Schools, Wilmington, MA

5. **Diet and Exercise Counseling for Underserved Pediatric Patients: Developing an Obesity Prevention Curriculum for Pediatric Residents in an Urban Medicaid Clinic**
   Rebecca J. Locke, MD, FAAP\(^4\), Jasmine Wallia, MD\(^2\), Jessica Schratter, MD\(^3\), Aditya Chhikara, MD\(^2\), Amr Elmeki, MD\(^2\), Steven Gelman, M.D.\(^2\), (1) New York Methodist Hospital, Weill Cornell School of Medicine, Brooklyn, NY, (2) New York Methodist Hospital, Brooklyn, NY, (3) Tribeca Pediatrics, Brooklyn, NY

6. **A Community-based Study Assessing the Relationship between Insulin Resistance and Sleep Duration**
   Perri Hartenstein, MD\(^4\), Kathlynn Saboda, M.S.\(^2\), Melanie Hingle, Ph.D., M.P.H., R.D.\(^3\), Emily McGovern\(^2\), Cindy Chin, MD\(^4\), (1) Banner University Medical Center, Tucson, AZ, (2) co-author, Tucson, AZ, (3) Co-author, Tucson, AZ, (4) Department of Pediatric Endocrinology, University of Arizona, Tucson, AZ

7. **The Windsor Teen Girls Wellness Group: Group Visits as an Adolescent Obesity Intervention**
   Kathryn M. Niro, MD\(^1\), Bianca Shagrin, MD\(^2\), (1) Massachusetts General Hospital, Somerville, MA, (2) Department of Pediatrics, Cambridge Health Alliance, Cambridge, MA

8. **Food Insecurity in Families of Overweight/obese Children Enrolled in the Wholesome Wave Fruit & Vegetable Prescription Program® (FVRX®) in New York City Public Hospitals**
   Pablo Leung, MD\(^1\), Tina Cheng, D.O.\(^2\), Manaswitha Khare, M.D.\(^2\), David Rhee, M.D.\(^2\), Ahmed Torky, M.D.\(^2\), Richa Verma, M.D.\(^2\), Lwbbba Chait-Llamas, M.D.\(^2\), Ashley Fitch, M.A.\(^3\), Amy Woolever, M.D.\(^2\), Efni Kyvelos, M.D.\(^2\), (1) Icahn School of Medicine at Mount Sinai/Elmhurst Hospital Center, Long Island City, NY, (2) Icahn School of Medicine at Mount Sinai/Elmhurst Hospital Center, Elmhurst, NY, (3) Wholesome Wave, Bridgeport, CT
9. **For Health: A Family-oriented, Healthy Eating, Activity, and Lifestyle Training with Hands-on Experience – Preliminary Phase 1: Results of a Community-based Pilot Treatment Program for Overweight and Obese Preschoolers**  
Dirk Bock, MD¹, Wendy Madarasz, RD, MPE², Laura Beamish, MSc³, Michael Miller, PhD¹, Jared Berman⁴, (1) Department of Paediatrics, Western University, London, ON, Canada, (2) Western University, London, ON, Canada, (3) University of British Columbia, Vancouver, BC, Canada, (4) ON, Canada

10. **Peer-led Group Sessions to Improve Healthful Eating and Physical Activity in a Low-income Primary Care Clinic Population**  
Kristen A. Copeland, MD¹, Courtney Brown, MD, MSc¹, Zana Percy¹, Alisa Balestra, PhD¹, Robert Siegel, MD¹, Christopher Bolling, MD¹, (1) Cincinnati Children’s Hospital Medical Center, Cincinnati, OH

11. **Pickup and Drop-off from Child Care: Are Transition Periods at Risk for Unhealthy Eating Among Preschoolers?**  
Kristen A. Copeland, MD¹, (1) Cincinnati Children's Hospital Medical Center, Cincinnati, OH

12. **Under the Radar: Diagnosing Binge Eating Disorder in a Pediatric Obesity Clinic**  
Claire Wallace, MA¹, Danielle Mizell, PsyD², Kate Eshleman, PsyD², Sara Seither, RD², Katie Nowacki, RD², Mark Patterson, RRT³, Naim Alkhouri, MD², Sara C. Lappe, MD, MS², (1) Case Western Reserve University, Columbus, OH, (2) Cleveland Clinic Children’s, Cleveland, OH

13. **Preschoolers and a Trip to the Supermarket: Developing Healthy Habits through Exploration**  
Anet Piridzhanyan, MS, RDN¹, Alicia Hausler, MPH¹, Gabriela Perez, BS¹, Mercedes Haro Isidro, MPH¹, Alexis Deavenport-Saman, DrPH¹, Larry Yin, MD, MSPH¹, (1) USC UCEDD Children's Hospital LA, Los Angeles, CA

14. **Improving Access and Systems of Care for Evidence-based Childhood Obesity Treatment: Conference Key Findings and Next Steps**  
Stephen Cook, MD, MPH¹, Amanda Staiano, PhD², Myra Altman, PhD³, Angela Lima, MBA, RD³, William Dietz, MD, PhD⁴, Denise Wilfley, PhD⁵, (1) Golisano Children's Hospital @ University of Rochester, Rochester, NY, (2) Pennington Biomedical Research Center, Baton Rouge, LA, (3) Washington University, School of Medicine, St Louis, MO, (4) Redstone Global Center for Prevention and Wellness, Milken Institute School of Public Health, Washington, DC, (5) Washington University School of Medicine, St Louis, MO

15. **Primary Care Provider Preferences for Co-management of Patients with Obesity with Weight Management Centers**  
Lawrence Hammer, MD¹, Janice L. Liebhart, MS², Susan Woolford, MD, MPH³, (1) Stanford University School of Medicine, Stanford, CA, (2) American Academy of Pediatrics, Elk Grove Village, IL, (3) University of Michigan C.S. Mott Children’s Hospital, Ann Arbor, MI
16. A Multi-disciplinary Approach in the Prevention and Treatment of Childhood Obesity
   Patricia A. Ronald Riba¹, (1) CEO, Santa Ana, CA

17. The Oklahoma Chapter AAP Obesity Provider and Parent Handouts: Tools to Encourage Lifestyle Changes to Manage and Prevent Pediatric Obesity
   Emily Munding, MD¹, Kumar Ponniah, MD², Gillaspy Stephen, PhD², Ashley Weedn, MD, MPH², (1) University of Oklahoma Health Sciences Center, Oklahoma City, OK, (2) University of Oklahoma, Oklahoma City, OK

18. Early Childhood Obesity and the Chronic Inflammatory State: A Segue to Adult-type Oncogenesis?
   Albert Khait, MD¹, Redieat Assefa, MD², Jennifer Han, MS³, Olubemiga Ogunkua, MD/PhD⁴, (1) Loma Linda University, University of California Riverside, Loma Linda, CA, (2) Loma Linda University, Moreno Valley, CA, (3) University of California Riverside, Riverside, CA, (4) Meharry Medical College, Nashville, SD

19. Juice Consumption Among Children Aged 9 to 24 Months Participating in Women, Infants, and Children (WIC) Program
   Alyssa Lovelace, MPH, DTR¹, Karen E. Schetzina, MD, MPH, CLC, FAAP², Gayatri Jaishankar, MD, FAAP², (1) ETSU Quillen College of Medicine Pediatric Department, Johnson City, TN, (2) East Tennessee State University Department of Pediatrics, Johnson City, TN

20. Qualitative Examination of Health Perceptions and Obesity Among Mothers of Preschool-aged American Indian Children
   Ashley Weedn, MD, MPH¹, Ryan Blucker, PhD², Stephen Gillaspy, PhD², (1) University of Oklahoma, Oklahoma City, OK, (2) University of Oklahoma Health Sciences Center, Oklahoma City, OK

21. The Effect of Body Size Awareness on BMI Change in a Pediatric Obesity Intervention
   Grace X, MD, MPH X. Lim, MD, MPH¹, Nazrat Mirza, MD, ScD², (1) Children’s National Medical Center, King City, CA, (2) Children’s National Medical Center, Washington, DC

22. Perceptions About Care Coordination Between Pediatricians and Women, Infants and Children (WIC) for Early Childhood Obesity Prevention
   Grant Morris, MD, MPH¹, Lisa Bailey-Davis, DEd, RD¹, William Cochran, MD¹, Lindsey Hess, MPH², Michele Marini, MS², Jacob Mowery, BA¹, Shawnee Lutcher, BS¹, Jennifer Savage, PhD², (1) Geisinger Medical Center, Danville, PA, (2) Pennsylvania State University, University Park, PA

23. Obesity Among Inpatient Pediatrics: Prevalence and Predictors of Provider Recognition and Management
   Hanna Siddiqui, MD¹, Michelle Katzow, MD², Peter Homel, PhD³, (1) Maimonides Medical Center, Torrance, CA, (2) Maimonides Medical Center, Brooklyn, NY, (3) Maimonides Medical Center, Brooklyn, NY
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24. Fostering Collaboration Among Pediatric Residency Programs, AAP Chapters, and Community-based Organizations to Build Organizational Capacity for Healthy Active Living and Community Advocacy
Janice L. Liebhart, MS¹, Mala Thapar, MPH², Jeanine Donnelly, MPH¹, Benjamin Hoffman, MD, MPH, FAAP, CPSTI², (1) American Academy of Pediatrics, Elk Grove Village, IL, (2) Oregon Health and Science University, Portland, OR

Kathleen A. Howard, MD¹, Jared Tucker, PhD², Renee DeFrang, RD³, Julie Orth, RD³, Susan Wakefield, MD³, (1) Forest Hills Pediatrics, Grand Rapids, MI, (2) Helen DeVos Children's Hospital, Grand Rapids, MI, (3) We are for Children, Grand Rapids, MI

26. Parental Perceptions of interventions to Prevent and Manage Obesity in Children: Qualitative Analysis in Underserved Inner-city Communities
Maria G. Aramburu de la Guardia, MD, MPH¹, Lindsay Gregston², Mitsuaki Hirai, PHD³, (1) Medstar Georgetown University Hospital, Arlington, VA, (2) Georgetown University School of Medicine, Washington, DC, (3) George Washington University School of Public Health, Washington, DC

27. Addressing Childhood Obesity: One Variable at a Time
Meredith Johnston, DO¹, Nirupma Sharma, MD², (1) Augusta University, Columbia, SC, (2) Augusta University, Augusta, GA