Innovations in Obesity Prevention, Assessment and Treatment Forum

AAP National Conference and Exhibition
San Diego Convention Center, Room 29
Friday, October 10, 2014 • 8:00 AM—11:00 AM PT

Agenda

8:00 a.m. – 8:45 a.m. General Poster Session and Breakfast Buffet

8:45 a.m. – 9:00 a.m. Welcome/Opening Remarks: Ryan Buchholz, MD, FAAP

9:00 a.m. – 9:50 a.m. Panel Discussion: Innovative Pediatric Primary Care
Moderator: Ryan Buchholz, MD, FAAP
- Well Baby Group Care: Evaluation of a Promising Strategy
- Combating Obesity with Nature: DC Park Rx Implemented in Community Health Center
- Implementation of 12345 Fit-Tastic! in Pediatric Primary Care

9:50 a.m. – 10:00 a.m. Physical Activity Break

10:00 a.m. – 10:50 a.m. Panel Discussion: Larger Systems-Based Approaches
Moderator: Ryan Buchholz, MD, FAAP
- The Primary Care Obesity Network (PCON): Building Clinic-Community Integration in Stage 1 and Stage 2 Programs
- Obesity Prevention in the Pediatric Health Care Setting: The New York State Collaborative
- Evaluation of Behavioral and Anthropometric Outcomes 1 Year after Fitkids 360: A Community Based Pediatric Obesity Program

10:50 a.m. – 11:00 a.m. Closing Remarks/Adjourn: Ryan Buchholz, MD, FAAP

Website: aap.org/healthyweight  Twitter: @AAPHealthyWt
Innovations in Obesity Prevention, Assessment and Treatment Forum
Poster Presentations

**Improving Quality Care**

1. *Childhood Obesity Screening and Treatment Training*
   Margaret McKeough, D.O., Henry Ford Health System, Detroit, MI, Colleen Livingston, Michigan Chapter American Academy of Pediatrics, William Stratbucker, MD, Helen Devos Children's Hospital, Grand Rapids, MI and Susan Woolford, MD, C.S. Mott Children's Hospital, Ann Arbor, MI

2. *I Start Smart: Tailoring Evidence-Based, Multidisciplinary Obesity Management for the Chinese American Community*
   Monica Kwan, MD, FAAP\(^1\), Jyu-Lin Chen, PhD, RN, CNS\(^2\), Filmer Yu, Lydia Ma and Katrina Liu, MD, FAAP\(^1\), (1)Pediatrics, North East Medical Services, San Francisco, CA, (2)Department of Family Health Care Nursing, University of California at San Francisco, San Francisco, CA

3. *Improving Pediatric Obesity Clinical Practice: A Partnership Between Safety-Net Clinics and Local Health Departments*
   Jennifer Torres, MSSW, MPH, PhD (c)\(^3\), Heather Readhead, MD, MPH\(^1\), Ying-Ying Goh, MD, MSHS\(^2\), Leyla Marandi, MPH\(^1\), Andrette Ward, MD\(^3\) and Susan Perez, MD\(^3\), (1)Los Angeles County Department of Public Health, Los Angeles, CA, (2)Pasadena Department of Public Health, Pasadena, CA, (3)Community Alliance of Pasadena, Pasadena, CA

4. *It Takes a Village: Los Angeles County Pediatric Weight Management Programs Collaborating to Increase Quality of Care and Enhance Primary Care Provider Knowledge*
   Suzy R. Mokhtari, MD, MPH\(^1\), Jennifer K. Yee, MD\(^1\), Benjamin Grace, MPH\(^1\), Margaret Whitley, MPH\(^2\), Kamala Vallabhaneni, MD\(^2\), Eric Peters, MD\(^2\) and Wendy M. Slusser, M.D.\(^2\), (1)Harbor-UCLA Medical Center, Torrance, CA, (2)UCLA Department of Pediatrics, Los Angeles, CA

5. *Empowering Residents to Discuss Effective Nutrition Counseling: Obesity Prevention from the First Walk in the Door*
   Hayley Baines, MD, Kristen Samaddar, MD, Sara Taylor, MD, Dannah Raz, MD, Kimberly Eisenstein, MD and Jennifer Farabaugh, BS, Phoenix Children's Hospital, Phoenix, AZ

6. *Using the Inpatient Setting As an Opportunity for Obesity Education: A Needs Assessment Survey*
   Rotem Elitsur, M.D, Selorm A. Adzaku, M.D., Katie K. Tran, M.D., Rita P. Guevara Dohmen, M.D., Geoffrey L. Bajwa, M.D., Daria F. Ferro, M.D., Elizabeth A. Silberholz, M.D., Hannah C. Neubauer, M.D. and Mario Cruz, M.D., St Christopher's Hospital for Children, Philadelphia, PA

7. *Academic Detailing Improves BMI Assessment in Pediatric Practices*
   Janice D. Key, MD, Jennifer M. Byrne, MPH, Shannon Hudson, PhD, RN, Amy E. Wahlquist, MS, Paul Nietert, PhD and James R. Roberts, MD, MPH, Medical University of South Carolina, Charleston, SC
Engaging Patients and Families

Stephanie Moore Walsh, MD, Miriam Vos, MD, MSPH, Wendy Greenberg, MD, Lauren Besal, PhD, Wendy Palmer, MS, RD, Cheryl Williams, RD, and Jean Welsh, PhD, MPH, (1)Emory University/Children's Healthcare of Atlanta, Atlanta, GA, (2)Pediatric Hospitalist, Children's Healthcare of Atlanta, Atlanta, GA, (3)Children's Healthcare of Atlanta, GA, (4)Emory University, GA

9. **School-Based Early Childhood Obesity Prevention: Preliminary Results of Jump to It!**
Michaela B. Koontz, M.D.1, MaryAnn O’Riordan, M.S., Ph.D.1, Ann Nevar, M.P.A.1, Sandra Redmond, Ph.D.2, Michelle R. Dickstein, M.P.H.1, Carolyn Ievers-Landis, Ph.D.1, Ann Freimuth, B.A.3 and Mitchell Balk, A.M.3, (1)Case Western Reserve University, Rainbow Babies and Childrens Hospital, Cleveland, OH, (2)The Childrens Museum of Cleveland, Cleveland, OH

10. **Starting Early/Empezando Temprano: Randomized Control Trial (RCT) to Test the Effectiveness of an Early Obesity Prevention Program**
Mary Jo Messito, M.D.1, Rachel Gross, M.D., M.S.2, Alan Mendelsohn, M.D.1, Suzy Tomopoulos, M.D.1, Michelle Gross, M.S., R.D.3 and Roberta Scheinmann, M.P.H.3, (1)New York University School of Medicine/Bellevue Hospital Center, New York, NY, (2)Albert Einstein College of Medicine, Children’s Hospital at Montefiore, New York, NY, (3)Public Health Solutions, NY, NY

11. **Trimming Obesity Through Counseling and Follow Up Visits**
Ceena Philipose, M.D., Winthrop University Hospital, Mineola, NY and Mary K. Mehman, MD, Pediatrics, Winthrop-University Hospital, Mineola, NY

12. **Development, Implementation and Evaluation of 5 to Go! Obesity Prevention Initiative: A Community Based Multipronged Primary Prevention Program**
Vaishal A. Shah, MD, MPH1, Ellen Rome, MD, MPH2, Persis Sosiak, MPH, RN, BSN3 and Michelle M. Del Toro, MPH, MALS1, (1)Cleveland Clinic, Cleveland, OH, (2)General Pediatrics and Adolescent Medicine, Cleveland Clinic Children’s Hospital, Cleveland, OH

13. **Studying Attitudes of Parents Toward Diet and Exercise in a Low-Literacy Bilingual Population Using a Web-Based Survey**
Anne Marie Sjursen, MD, Madhumita Sinha, MD, MHSM2, Ashish Amresh, PhD3, Rebecca Birr, MSLIS, AHIP4, Maritsa Beltran4, Viola Zepeda, RN2 and Andre Valdez, PhD.4, (1)Maricopa Medical Center/Phoenix Children’s Hospital, Phoenix, AZ, (2)Arizona Children's Center at Maricopa Medical Center, Phoenix, AZ, (3)College of Technology & Innovation, Arizona State University, Mesa, AZ, (4)Maricopa Integrated Health System, Phoenix, AZ

14. **Brief Action Paired with Obesigenic Screening in Pediatric Primary Care Clinics: Description of Methods and Design**
Amy L. Christison, MD1, Kelly Lowry, PhD2, Ryan Robin, BS1, Carl Asche, PhD1, Jinma Ren, PhD1, Carmen Kirkness, PhD1, Damara Gutnick, MD3, Kimberly Haddock, RN1 and Adolfo J. Ariza, MD2, (1)University Of Illinois College of Medicine at Peoria, Peoria, IL, (2)Feinberg School of Medicine, Northwestern University, Chicago, IL, (3)New York University School of Medicine, New York, NY

15. **A Retrospective Study Measuring the Association Between Parental Concerns, Body Mass Index (BMI) and Modifiable Target Behaviors in Children**
Sathyanarayanan Sudhanthar, M.D, MPH, Melissa Lee, Medical Student, Jon Gold, M.D, Yakov Sigal, M.D and Jane Turner, M.D, Michigan State University, East Lansing, MI

16. **Neighborhood Assessment for Food Access Improvement**
Jessica Erin Simkins, MD, MPH, University of Florida, FL
Enhancing Multi-Disciplinary Teams

17. **Promising Approaches to Reducing Childhood Obesity through Expanded Private Insurance Benefits**
   Sarah C Blake, PhD, MA, Emory University Rollins School of Public Health, Atlanta, GA

18. **An Adolescent Multidisciplinary Bariatric Surgery Program**
   Sigrid Bairdain, MD, Department of Surgery, Boston Children's Hospital, Harvard Medical School, Boston, MA, Nirav Desai, MD, Boston Children's Hospital, Harvard Medical School, Boston, MA and Bradley C. Linden, MD, Pediatric Surgical Associates, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN

19. **Description of Comprehensive, Multidisciplinary Weight Management Services at Children's Hospitals: A National Survey**
   Stephen R. Cook, MD, MPH, J. Mitchell Harris, PhD, Stacy Biddinger, MPA and Karen Hill, (1)Department of Pediatrics, University of Rochester Medical Center, Rochester, NY, (2)Children's Hospital Association, Alexandria, VA

20. **Treatment of Severe Childhood Obesity through an Innovative Community-Healthcare Partnership**
   Sarah Armstrong, MD, Julia Wacker, MSW, MPH and Mary Story, PhD, RD, (1)Duke University, Durham, NC, (2)Duke University, Durham, NC

21. **Increasing Use of Counseling Services for Childhood Obesity in a Capitated Medical Practice**
   Kimberly Rask, MD, PhD, Sarah C Blake, PhD, MA, Sue Kohler, MPH, Jenny Bogard, MPH and Jonathan Hawley, (1)Department of Health Policy and Management, Rollins School of Public Health, Atlanta, GA, (2)Alliance for a Healthier Generation, New York City, NY

22. **Trim Lifestyle-a Primary Care Based Intervention for Obesity Treatment**
   Stacey Hinderliter, MD, Lynchburg Family Medicine Residency, Lynchburg, VA

23. **Comorbid Conditions in a Multidisciplinary Pediatric Weight Management Clinic**
   Christine Thang, BS, Margaret Whitley, MPH, Nilufar Izadpanah, BS, Daniel DeUgarte, MD and Wendy Slusser, MD, MS, (1)David Geffen School of Medicine at UCLA, Los Angeles, CA, (2)UCLA Department of Pediatrics, Los Angeles, CA, (3)Pediatric Surgery, UCLA Mattel Children's Hospital, Los Angeles, CA, (4)Department of Pediatrics, UCLA Mattel Children's Hospital, Los Angeles, CA

Increasing Medical Knowledge

24. **Prevalence of Atherogenic Index and Its Relationship to Abdominal Obesity, Hypertension and Insulin Resistance in Obese Pediatric Patients of South Bronx**
   Shahnawaz M. Amdani, M.D., Amir Navaei, M.D. and Swati Dave-Sharma, MD, (1)Pediatrics, Lincoln Medical & Mental Health Center, New York, NY, (2)Pediatric Endocrinology/Pediatrics, Lincoln Medical & Mental Health Center, Bronx, NY

25. **Retrospective Analysis of Waist to Hip Ratio and the Relationship to Laboratory Values Associated with Metabolic Syndrome in Children and Adolescents**
   Lindy M. Moore, M.S., Angela Fals, MD, Pamela Jennelle, BSc, Julie Pepe, PhD and Jeanette Green, MSN, ARNP, (1)Florida Hospital for Children, Orlando, FL, (2)Florida Hospital, Orlando

26. **Pre-Operative Medical Vs Post Sleeve Gastrectomy Weight Loss**
   Avraham Schlager, MD, Ragavan Siddharthan, BS, Stephanie Moore Walsh, MD, Sheethal Reddy, PhD, Tamara Tanner, BSN, PhD, Andrew Morris, MD and Mark Wulkan, MD, (1)Emory University/Children’s Healthcare of Atlanta, Atlanta, GA, (2)Children’s Healthcare of Atlanta, Atlanta, GA
27. Following the Guidelines: Are Physicians Ordering the Right Tests for Patients Diagnosed with Hypertension
Jacob Hartz, M.D., M.P.H.1, Christoph P. Hornik, MD2 and Jennifer Li, M.D.1, (1)Duke University Medical Center, Durham, NC, (2)Division of Pediatric Cardiology, Duke University Medical Center, Durham, NC

28. Effects of Clinical Surveillance on Therapeutic Change in BMI Percentile
Alaina P. Vidmar, MD1, Omar Ali, MD1, Raymond G. Hoffmann, PhD2, Mahua Dasgupta, MS2 and Haydee Zimmerman2, (1)Children's Hospital of Wisconsin, Milwaukee, WI, (2)Medical College of Wisconsin, Milwaukee, WI

29. Childhood Obesity: A Longitudinal Cohort Study Using Social, Clinical, and Genomic Data to Develop Early Onset Obesity Predictors
Sahel Hazrati, MPH, Elisabeth Klein, RN, DNP and Kathi C. Huddleston, R.N., Ph.D., Inova Translational Medicine Institute, VA

30. The Impact of Increased Abdominal Adiposity on Exercise Tolerance in Children with Obesity
Jennifer Druce, University of Central Florida, Orlando, FL and Lloyd N. Werk, MD, MPH, FAAP, Nemours Children's Hospital, Orlando, FL

31. The Use of Weight Loss Agents in Children and Adolescents Prescribed Psychotropic Medications
Michael A. Shapiro, M.D., Adam Reid, M.S., Brian Olsen, Ph.D., Michael Taasan, B.S., Joseph P. McNamara, Ph.D and Mathew Nguyen, M.D., University of Florida, Gainesville, FL